

Diabetes Self Management Program

Recognized by

The American Diabetes Association

Pediatric Diabetes Team

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Director*

Nancy Friedman, MD

Andrea Haqq, MD

Deanna Adkins, MD

Evelyn Artz, MD

Robert Benjamin, MD

Nancie Maclver, MD

Martha Faris, PNP

Nutritionists

Mona Griffis, RD

Pat Andrews, MPH, RD, CDE

Social Worker

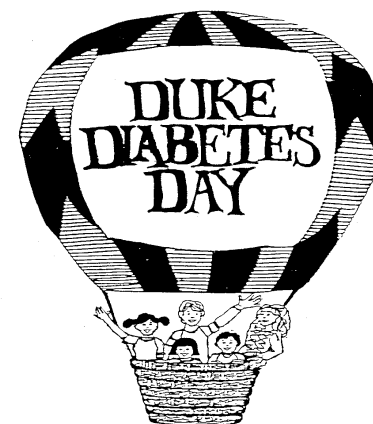
Kristina Graham, MSW, CDE

Nurse Educator

Jean Litton RN, CDE

Call-in-Hour 919-684-6645

7:30-8:30 am weekdays



Save the date!

**Duke Diabetes Day
May 17th 2008**

Look forward to a free, fun filled and educational event.

There will be multiple classes, demonstrations, contests, prizes and games. Company representatives will be on hand to display the latest technical advances in diabetes self management including insulin pumps and continuous glucose sensing. In addition, we will welcome Dr. Janet Silverstein from the University of Florida at Gainesville who will talk to us about diabetes now and in the future.

Stay tuned for updates!

A1C Testing Update



We are pleased to announce that our Durham office is using a brand new A1C machine that uses a few drops of blood and gives results in just 6 minutes. A unique aspect of this new testing machine is that it communicates directly with the computer preventing human reporting errors.

In addition to being able to avoid a traditional blood draw, medical staff and families are able to make better and more efficient decisions regarding current diabetes care. This has resulted in extremely happy staff, parents and most importantly, our children.

Pumping 101

Learn more about moving towards the use of an insulin pump. Group classes are designed to discuss the benefits and risks of pumping insulin. In addition, company representatives will display and demonstrate their pumps. This will assist you in making this difficult decision.

Classes are held on the following Wednesdays at 10 am: March 12, May 14, and July 9, 2008.

To register, please email Wendy at brown276@mc.duke.edu or call 919-681-6063

Camp Carolina Trails



New Dates!! June 15-21, 2008

The American Diabetes Association Camp Carolina Trails is an exciting week of summer fun for boys and girls entering grade 4 through grade 11. Camp includes many sports and activities such as swimming, hiking, canoeing and arts and crafts. It will be held at YMCA Camp Hanes on 400 acres next to hanging Rock State Park.

Nestled on a quiet hillside in the heart of Sauertown Mountains, Camp Hanes is a perfect setting for a week of adventure, education and friendship. The residential camp currently houses 150 youth. Campers are housed in well maintained cabins with adult chaperones. Experienced personnel include a complete medical staff of pediatric endocrinologists, physician assistants, registered nurses & registered dietitians, many of whom are also certified diabetes educators.

Need based "camperships" are available on a first come, first served basis. Apply early.

Contact: Emily Nivens, 888-342-2383, ext. 3262

Did you know?

We have a Raleigh office. Families of children with diabetes can make appointments there with Dr Adkins, Dr Artz and Dr Friedman. Additionally, you can meet with Jean Litton, RN CDE and or Mona Griffis for your nutritional questions.

In addition, we have an email peddiabetes@mc.duke.edu. You can use this to ask questions, report blood sugars or for any other communication.

Celiac and Diabetes April 4th

"Movie and Corn" --bring your favorite cereal to swap as we watch a video about celiac together. Our 10 am meeting will include these samples as your morning snack or part of it, so please know how many grams of carbohydrate per serving it contains, and we will write that information on the board to share with our friends.

We are also asking that you bring some ideas of subjects/topics for future Celiac Seminar get-togethers and give them to Pat for planning for future meetings.

This day is designed to include not only this group session, but also your general diabetes medical visit. If you are not already scheduled and would like to be, please call Wendy at 919-681-6063 or email brown276@mc.duke.edu